

## Supporting International Medical Graduate through Peer Mentorship

### Summary of workshop

We invite our colleagues to join us in a workshop designed to empower them to provide mentorship and support to new international medical graduates as they begin their training. The workshop will equip participants with the confidence and skills necessary to make a difference in the lives of their mentees.

### What will be covered?

- Describe the similarities and differences between coaching and mentoring, and determine which approach is best suited for a given situation
- Develop enhanced skills, including active listening, supportive and challenging questioning, and techniques that facilitate effective communication and problem-solving
- Build rapport with mentees, respectfully challenge assumptions and limiting beliefs, and enable them to see the bigger picture and generate more options
- Reflect on strategies to support the integration of international medical graduates into the NHS, drawing on their own experience and insights

We believe that our colleagues' expertise and commitment can make a real difference in the lives of international medical graduates, who face many challenges when they start their training. This workshop is an opportunity to share knowledge, build relationships, and support each other in making a positive impact.

### Who is it for?

Trainees, Trainers, Supervisors, SAS, Education leads, Tutor/TPD's, Senior Faculty, Appraisers.

6  
Hours

4 - Min  
24 - Max  
Numbers

267  
GMC  
Domains

Virtual

Time: Start: 09:30 (Doors open 9:20)  
Finish: 15:30

Location: Virtual

Breaks: Coffee 10:45, Lunch 12:30 - 1-15,  
Tea 2.30

[Book on Maxcourse here](#)



*DoctorsTraining is a collaboration of senior doctors in postgraduate medical education, executive coaches, and experienced medical leaders.*

*We provide space to think, time to share ideas and an opportunity to learn with fellow professionals.*

*We are authentic, highly credible, and passionate about supporting the current and future NHS workforce*

[Meet the team](#)

*"I attended your educational supervisor training and I wanted to thank you for making it such a useful and enjoyable session despite having to do it virtually. I have attended your previous training session three years ago face to face and the part time training session virtually. You are an inspirational teacher and I have never left any of your teaching sessions without learning something useful and using it in daily practice."*

Consultant, United Hospitals  
Leicester NHS Trust