

## **TMD – Successful management in dental practice & Occlusal Splints Use and Abuse**

**Lecturer:**

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Consultant in Restorative Dentistry

Bristol Dental Hospital

**Date and Venue:**

Thursday 10 March 2016

The Alverton Hotel, Truro

**Course Organiser**

Carrie Bradburn, Dental Postgraduate Tutor

### **PROGRAMME**

<b>09.00 – 09.30</b>	<b>Tea/Coffee/Registration</b>
<b>09.30 - 11.00</b>	TMD. The disorders. Diagnosis.
<b>11.00 – 11.15</b>	<b>Tea/Coffee</b>
<b>11.15 – 12.30</b>	Successful treatment. An evidence-based approach. Discussion.
<b>12.30 – 13.30</b>	<b>Lunch</b>
<b>13.30 – 14.45</b>	Occlusion and occlusal splints.
<b>14.45 – 15.00</b>	<b>Tea/Coffee</b>
<b>15.00 – 16.30</b>	Occlusal splints. Clinical techniques. When, when not. Which, which not. Discussion.
<b>16.30</b>	<b>Questions and Close</b>

**Aims:** To provide information to improve participants' ability to diagnose and manage TMD and to describe the use of a range of occlusal splints

**Objectives:** At the end of the course participants will:

- Be familiar with the broad range of Temporomandibular Disorders (TMDs) and understand how they are diagnosed
- Be aware of the treatment options for TMDs and be able to initiate a management plan /or refer when appropriate
- Have improved knowledge of the indications for, and types of, occlusal splints
- Be able to provide occlusal splints appropriately for their patients

**Outcomes:** Increased confidence in the diagnosis and management of TMDs and the appropriate use of occlusal splints for their patients