NHS Education South West Dental Postgraduate Department



<u>Title</u>

The Posterior Composite Revolution (Success. Profit. Everyday.) 16-09-16-01

Date and venue:

Friday 16th September 2016 Sandy Park Conference Centre North and East Devon

Course Organiser:

Samantha Braddock

Course Lecturer:

Chris McConnell

Programme

09.15	Registration
09.30	Introduction
09.40	Lecture Start- Theory
11.00	Break
11.15	Hands On – Essential Composite techniques
12.30	Lunch
13.30	Theory Bulk Fill and Hands On
15.00	Break
15.15	Bulk Fill Hands On continued
16.30	Summary
17.00	Close

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Aim:

The course aims to provide participants with the knowledge and understanding to confidently use the latest bulk fill composite materials for optimal stress free results. By using innovative advanced techniques that can be utilised by every Clinician, this course will demonstrate how easy it is to switch to an amalgam free environment with minimal outlay and comply with the EU amalgam phasedown.

Objectives: by the end of the course, participants will;

- Recognise the classification, composition and performance factors of composites.
- Understand how the properties of dental materials can be used to optimise composite restorations.
- Gain knowledge on light curing and how it can help or hinder you.
- Understand the types of bonding systems used in conjunction with composite technology.
- Learn how to get easy and reliable results using the Halo, Cut Back, Posterior Anatomical Technique and the Indirect Chairside Technique.
- Gain practical experience in the techniques of freehand composite placements to achieve aesthetic restorations in the molar and pre-molar region.
- Find out how a limited selection of materials can be used for most cases.
- Recognise how you can make your restorations affordable both in time and financially for the patient and clinician.
- Recognise the pitfalls of composite placement and be able to trouble shoot.

Learning outcomes: by the end of this course, participants will;

- 1. Have experienced placement of posterior restorations using a leading bulk fill composite in almost all presentations.
- 2. See how you can make bulk fill extremely profitable for you and your surgery
- 3. Be able to identify the common reasons for composite failures.
- 4. Have a better understanding of composite materials available
- 5. Understand your curing light and how to use it properly
- 6. Gain an understanding into total etch versus self etch systems