

Founded in 1995, Cascade is a theatre company and registered charity employing up to twenty talented individuals with an Arts and Theatre background and trained in group work, facilitation skills and training techniques. They are passionate about personal and professional development, and they never stop learning themselves – Cascade members are constantly re-training and developing new skills. Based in Cornwall, we work throughout the United Kingdom.

They research, write and present arts-based work relevant to your stated needs, bringing you a unique blend of drama, psychology and sheer big-hearted fun!